

FAST CLUB
RULES OF 6U & 8U LEAGUES
(Revision 04/24/09)

MISSION STATEMENT

The main objective for the 6U (tee ball) and 8U (coach pitch) Leagues is to get the 4-8 year old girls to understand the structure of an actual game and to work on the most basic of fundamentals. The objective of the coach is to do his/her best of showing the young female athlete these basic fundamentals along with good sportsmanship. Sportsmanship is important, like cheering on her fellow players and respecting the rules of the game and also respecting the rulings of the umpire. This also should be adhered to by her parents/guardians. The most important thing is that the young ladies have fun and to leave with a positive attitude about the game of fast pitch softball.

Except for the following, WIAA rules will be used.

1. BASE RUNNING

- a. **Runners may leave base upon the ball crossing the plate.** They may be allowed to take up to a three step lead on a swing.
- b. There will be **no extra bases on an overthrow.**
- c. There will be no stealing at any time.
- d. On a ball hit to the **outfield grass, all runners may take up to 2 bases. A BALL THAT ROLLS THROUGH THE INFIELD OR GOES THROUGH A FIELDER TO THE GRASS IS NOT A DOUBLE.**
- e. **Tee ball players may lead off when the ball is hit.**

2. BATTING ORDER

- f. Teams **will bat their roster**; i.e. all players in the order they are listed on the line-up card. Once a lineup card is submitted, the order cannot be changed.

3. No Bunting or Infield fly rule in either league.

PLAYING THE GAME

- a. While playing in the field (defense), teams will field ten players.
- b. There will be no walks in the 8U League.
- c. Each team can only score **four** runs per inning. In the last designated inning the four run rule will be lifted. The home team retains its right to bat in all cases.
- d. **No more than six players are allowed defensively in the infield. No extra infielders are allowed, outfielders must start on the grass. Outfielders should not cover bases. It is important to teach the infielders how to field their positions. Outfielders can run to a base to make an out, but should not cover 2nd, for example, when the ball is hit to the shortstop.**
- e. The 8U league will use an eleven inch Worth Sof-Dot Level 1 for all of its games. The 6U league will use the Incredi-Balls.
- f. **If the coach/pitcher gets hit by the ball, play is live.**

4. OVERTHROWS

There will be no extra bases on an overthrow.

5. ELIGIBILITY

g. All players in the Fast Club must be registered and paid before they can practice or play in any games. The insurance waiver must also be signed.

6. INNINGS

h. All games are played up to six innings.

i. Time Limit: For regular league games, no inning will start after 90 minutes. For league nights with more than one game scheduled, no inning will start after one hour and fifteen minutes. For time keeping purposes, the next inning starts immediately after the third out of the previous inning.

7. RAINOUTS

j. When radio announcements are made with the Recreation Dept. games will be canceled, then Fast Club games will be considered canceled also. If only partial diamonds throughout the city are considered canceled, then the coaches will call the 8U League Commissioner for a final judgment.

k. Except as above, the coaches shall rule on the rainouts.

l. Rain games will be rescheduled at the convenience of the coaches

8. SUBSTITUTIONS

m. Substitutions should be made each inning. No player shall be on the bench more than one inning in a row.

n. No player should play the same defensive position more than 2 innings in the game.

o. Reentry is allowed at any time.

9. UNIFORMS AND HELMETS

p. All players should wear the shirt that is provided by Fast Club.

q. Players must wear helmets with facemasks while at bat, on deck, on base and also if coaching the bases

10. INJURIES

Should a player become injured such that blood is present, that player should have the bleeding stopped and a bandage applied before play can continue.

11. UNSPORTSMANLIKE CONDUCT

Coaches, players, and/or fans that are guilty of unsportsmanlike conduct will be removed from the game and will be dealt with by the Board of Directors of Fast Club. This also is subject to the barbing and/or harassment of any umpire at any time. **This will not be tolerated in any way, shape, or form.**

12. TOBACCO RULES

No tobacco on any school property or to be used by any coaches.

13. CONCESSION STANDS OCCUPATION POLICY

The home team will be in charge of manning the concession stand during that game and will be coordinated by the head coach of the home team. If at all possible, please do not allow younger children inside of the concession stand. It is also understood that the concession facilities will be thoroughly cleaned (along with the popcorn machine) and the money will be tabulated and collected by the proper financial representative. There will also be a financial statement on a clipboard which will have to be filled out at the completion of the days' softball activities.

14. FAST CLUB TOURNAMENT RULES

It is understood that if a team is short players for a Fast Club tournament game, they will be allowed to pick up a player from within the league to complete a nine player roster. They cannot use a 10u or older League player and she also cannot play the pitching position. The following picked up girl can only the outfield position and must bat in the bottom of the batting order. Prior to the game, the umpire and the opposing coaches will be informed of the girl and/or girls that have been picked up. If one of the original team's girls appears during the game, the girl who was picked up will then be replaced immediately. It will also be understood that players will only play a position for **three innings** and will not return to that position for the rest of the game. We want to encourage diversity.